

Spirits Landing Testimony

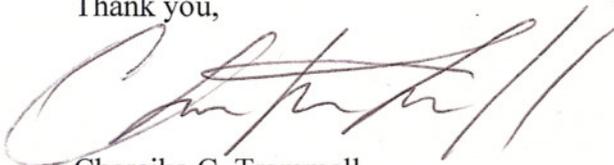
Since the beginning of my participation in the program, I have always believed that it was ordained for me to be here. Especially considering how I met Ms. Mays, it was not by chance, it was fate. Our relationship has grown outside of the traditional student, teacher relationship. I consider Ms. Mays to be the mother that I have never had. I love and feel deeply for Ms. Mays. She has helped and guided and encouraged me to grow into a strong, beautiful, educated woman. She has taught me to be accountable for myself; no one has ever taught me that. I thank God for blessing me with Ms. Mays. She truly embodies all of the qualities of the woman I strive to be, a woman of Excellence.

I come from a family where being taught to be excellent or even to succeed was uncommon. The women in my family taught each other to use their bodies instead of their minds to get ahead in this world. I come from a family where drug abuse, violence and dependency are normal. However, I have never let my circumstances define me, I am not a victim. I entered the Spirits Landing program to break that cycle my family created.

The work in this program depends on you. Ms. Mays provides you with the necessary tools to better yourself, mentally, physically and spiritually. It took a long time for me to grasp this concept. I had to do all the work. By doing so, many of my friends and family members have seen a tremendous and positive change with in me. Most importantly I felt the growth and discovery of me!

I am a 26 years old woman with goals of becoming a Pediatrician, having my own business and a personal mission I live my life by. I am more dedicated, focused and balance, as it relates to me pursuing of goals and mission. All of this was made possible because of the tools I have acquired and still learning in Spirits Landing Transcendence Program. I would recommend this program to all girls and young women who are striving to build a better life for themselves, their families and their communities.

Thank you,



Chereika C. Trammell