

To Whom It May Concern:

My granddaughter Jazmine was truly blessed when Tabbatha Mays, founder of Spirits Landing, entered her life. Ms. Mays is a positive force in her life. Jazmine is learning the necessary life-skills to becoming that self-reliant, respectable, poised, confident, and unstoppable woman most of us desire to be. Ms. Mays discusses morality, self-discipline, etiquette, poise, pride, health, financial stability, to name a few, as well as teaching language, spelling techniques, diction, etc. She stresses proper nutrition, emotional stability, self-respect and respect for others as a daily part of life.

Ms. Mays is a serious no nonsense, instructor/mentor who cares about our young ladies, and feels the need to give back by providing instructions on what she has learned throughout her interesting journey through life. I feel young ladies will gravitate to Ms. Mays because of the self-confidence, poise, and pride in self she exudes. I believe most young ladies would love to possess that self-confidence, poise and pride, and Ms. Mays and Spirits Landing will provide you with the necessary information and skills to achieve this goal.

In less than six months, Jazmine has become very conscious of what goes in and on her body. She has changed her diet completely and reads every label before purchasing a product. She has become very conscious of her spending and savings. She is capable of expressing her feelings and dislikes in a respectable non-offending manner. Although she has always been a somewhat confident young lady, she now carries herself in a confident, yet kind and gentle manner. She is a joy to me even at sixteen years of age.

The old saying of "I wish I knew then, what I know now" is exactly what Ms. Mays teaches. She teaches young women to know now what it has taken us a lifetime to know – and then some.

Sincerely,

Eunice P. Williams